



ADULT SOFTBALL RECREATIONAL CO-ED LEAGUE RULES

BEHAVIOR POLICY

- Profanity of any kind by players and/or spectators will not be tolerated under any circumstances.
- The YMCA will enforce a zero tolerance policy pertaining to profanity, fighting or any other unsportsmanlike conduct.
- Unacceptable behavior may result in **EJECTION** from the game and/or facility for players and/or **SUSPENSION** for any and all future league games.
- Spectators may also be asked to leave the field and/or facility for inappropriate conduct. **Decisions made are at the discretion of game officials and/or YMCA Sports Staff.**

SCHEDULING

- A season schedule will be created and sent out to all team captains via e-mail as well as posted to www.champaignfamilyymca.org

GAME FORMAT

- A minimum of 7 players is required to play.
- Games will be 6 innings or 75 minutes, whichever comes first. An inning will not start after the 75-minutes have expired.
- In the event of a tie, the game will go into extra innings assuming the 75 minute time limit has not expired.
 - If there is still a tie after the 75-minute time limit is up, one extra inning will be played. If still a tie, game will be recorded as a TIE.
- All players must be listed on the official roster held by the Champaign Family YMCA and the sports staff. Changes/additions can be made up to the **third** game of the season, but **MUST** be made in writing to ymcasports@ctcn.net
- Team captains are to write down their lineup on a line up card, which will be provided in the team captain meeting, and turn it in before **each game**. The line up card should include all players who are **present** that game.
- During the game, each offensive player should be in the line up area ready to hit when it is his or her turn.

EQUIPMENT

- All teams must furnish their own gloves and ASA approved bats. The YMCA will provide the softballs.
- All teams must furnish their own shirts/uniforms if they so choose; players must be wearing the same color at a minimum.
- Tennis shoes or molded rubber spikes must be worn by all participants; steel spikes are prohibited.
- There will be no helmet requirement. The YMCA will provide helmets should anyone prefer to wear one.

GAME RULES

Official ASA Slow Pitch rules will be used with the following exceptions:

- **Defense**
 - Defensive warm-ups will be in the first inning only.
 - There will be a maximum of four outfielders.
- **Infield Fly Rule**
 - If there are less than two outs with runners on first and second or first, second, and third, the batter is out and runners run at their own risk.
 - Intentional dropped infield flies will result in the batter being out, the ball called dead, and runners do not advance.
- **Batting**
 - The order of batting must stay the same the entire game unless there is a substitution.
 - If a player is ejected or injured and has no sub, it will be an out in the batting order.
 - **Each batter will start with a count of one ball and one strike.**
 - A foul ball on strike three is an out!
- **Pitching**
 - Each pitcher will be allowed five warm-up pitches prior to the start of each game.
 - Each pitcher/new pitcher will be allowed two warm-up pitches before each inning if they so choose.
 - No throwing the ball around the bases or infield after each out. ALL balls should be thrown back to the pitcher.
- **Homeruns**
 - Each team will be allowed three home runs per game.
 - After three homeruns, any ball hit over the fence is an out.
- **Stealing**
 - There will be no stealing.
- **Sliding**
 - Sliding is allowed as long as it is feet first.
 - If the runner knocks the baseman over while standing up, the runner is out.

- **Rule ahead rule**
 - If a team is ahead by 20 runs after 3 innings, 15 runs after 4 innings, or 10 after 5 innings, they will be declared the winner.
- **Female to Male Ratio**
 - A minimum of **two** females are required to bat and field at all times. Failure to have two females will result in the team playing down two positions on defense (8) and an automatic out each inning on offense. Failure to follow these rules will result in a forfeit.

TOURNAMENT FORMAT

- All regular season teams will advance to the double-elimination tournament in which seeding is determined by win/loss records.
- In the event of a win/loss record tie, the team with the highest point total throughout the regular season will advance to the tournament.
- Team standings will be sent to team captains via e-mail every week.

FORFEITS

- A team is allowed a **5-minute** grace period after the official start of the game to field a team.
- The game will be forfeited if the minimum number of players for a team is not met after the 5-minute grace period.
- If after the 5-minute grace period is up and the team is still down players, then that team is allowed to play with no less than seven players or else it will be an automatic forfeit. The game can still be played as a scrimmage but the forfeiting team records a loss.

WEATHER

- In the occurrence of bad weather, the City and YMCA will be making a judgment call based on the field condition and the projected weather for that evening.
- Game cancellations will be communicated via email/txt to team captains and on our Champaign Family YMCA Facebook page.

QUESTIONS

Any questions regarding rules, umpires, and game scheduling please contact Greg Hower at ymca@ctcn.net or Chelsea Richardson at ymcasports@ctcn.net