

6U Co-Ed Tball 2023



1. 6U Co-Ed Tball Rules

- TBall teaches all five basic fundamentals of baseball - hitting, throwing, catching, running and fielding.
- Score will not be kept, on paper or *in the minds of the coaches or parents*.
- If a player is called out, they should remain on the base and practice running bases.
- A normal game will consist of 3 innings. (time limit - 1 ½ hours). A game will not last more than an 1 ½ hours, typically done sooner.
- A game will be called in the event of darkness.
- Coaches must ensure that batters only take warm-up swings while in the "on-deck" circle, and that all other players are away from this area.

2. Equipment:

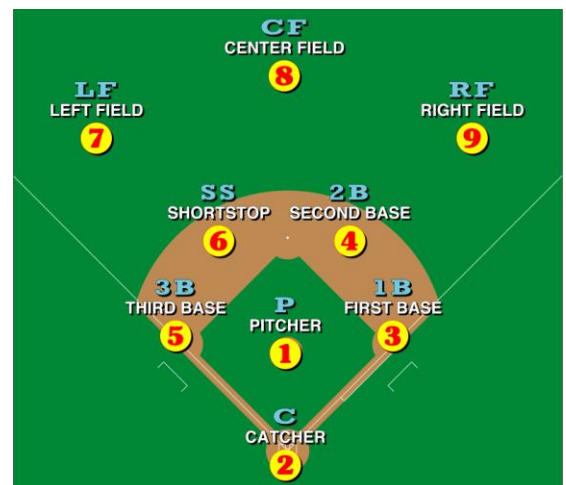
- Batting helmets are required on all batters, base runners and players occupying the on-deck area.
- Gloves/mitts are required.
- Cleats (non-metal) are not required but may be used.

3. Hitting

- All players present at the game will bat each inning. A continuous batting order will be used. Switch the order around from game to game, so the same batters are not always batting last.
- All players, if they choose, can receive up to 3 pitches by their coach (underhand or overhand). If the ball is not batted fair in 3 pitches, the batter must use the tee.
- An unplayable ball will be ruled when: a foul ball is hit, a batter strikes the tee OR the batted ball does not advance into the field of play.
- A hit ball must make forward progress in front of the plate to be in play.
- The coach pitching makes the call immediately.
- "Last Batter" will be called before the last batter steps to the plate each half inning.

4. Playing Positions

- All team members present will assume a defensive position each inning, consisting of normal infield positions, including pitcher, and placing all others in outfield positions.
- The outfield should be placed in an "umbrella" arrangement.
- If a team is playing with less than 10 players, they must play short in the outfield. All infield positions, including pitcher and catcher, should be filled.
- The player in the 'pitcher position' will stand within 10 feet of the coach pitching, until the ball is hit. The player may then move at will to make the play.





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- e. All players must play in the infield an inning each game. It is important to move players around to different positions to let them gain experience and develop at different positions.

5. Running

- a. Runners may leave the base upon contact with the bat. If a runner leaves the base before the ball is hit, the player needs to be instructed of the rule.
- b. There will be no base stealing.
- c. If a batted ball hits a runner, the batter proceeds to run.
- d. A play can continue until a defensive player in the infield holds the ball.
- e. Making a throw to a base is encouraged and should be the standard by the end of the season.
- f. Runners are not to advance on overthrown balls.
- g. Runners over running 1st base should turn to the right. If not, coach accordingly.
- h. Runners can't be called out if a base is missed.
- i. Keep defensive players off of the bases.
- j. Runners can advance all the way around to home while the defense attempts to throw or run the ball to home plate.

6. Field Set-Up

- a. The Coach for each team will receive one (1) tee and six (6) balls.
- b. Any other Y provided supplies will be stored in totes at field backstop.

7. Spectators

- a. Spectators are to remain on the sidelines at all times.
- b. All spectator children are to be supervised by an adult (age 18 and up).

8. YMCA Code of Conduct

- a. Use of abusive or inappropriate language is prohibited and will result in immediate dismissal.
- b. Y sports programs have always been about teaching skill and work ethic while modeling appropriate behavior. Please be respectful of the Y staff and volunteer coaches.

The Champaign Family YMCA

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YMCA mission: To put Christian principles into practice through programs that build healthy spirit, mind, and body for all.