



CHAMPAIGN FAMILY YMCA

ADULT BASKETBALL LEAGUE RULES

Players: Each team must have a minimum of 5 player's and maximum of 12 on their roster. Games may be started and completed with only two players, but not with just one player. Roster will be final on Feb 11th, with no additions without YMCA Director's approval. A player must play at least 2 games in the regular schedule to be eligible to play in the tournament. If a team plays an ineligible player the game result will be considered a loss in the team record.

Games: All games are officiated and will be two 15 minute halves (running clock except last 2 min. **as long as game is within 20 points**). If the game ends in a tie, the teams will play a 5 min overtime.

Jump Balls: All jump balls go to the change of possession arrow.

Time Outs: Each team is allowed 3 full time outs, with 1 additional per overtime qtr. The clock will stop during the time out.

All OHSAA rules apply; traveling, double dribble, 3 sec. violation, 5 sec. violation(s) and 10 sec. backcourt violation, etc.. as the referees see fit.

Scoring: Baskets made are scored as 2 point except behind the 3 point line, those are scored as 3 points. Free throws 1 pt.

Fouls: **The scorekeeper will keep record of team fouls per half.** All fouls are common fouls. For the first 6 fouls, beginning with the seventh (7) team foul, the player fouled will be awarded a one and one free throw. Meaning if the basket is missed it can be rebounded and continue played or if basket is made there will be a 2nd free throw shot attempt and if made the possession goes to non-shooting team. On the 10th team foul 2 shot attempts awarded, if 2nd attempt is missed it is a live ball. Or if 2nd shot is made, possession goes to the non-shooting team. **Personal fouls are not tracked for each individual player, but if the referee believes fouls to be intentional, an Intentional Foul will be called and offense awarded possession after two free throws.**

All non-shooting fouls in the last 2 minutes of the second half will be 1 and 1 shooting fouls

Free Throws: When fouled in the act of shooting, free throws are awarded to the shooter. **If a 2 pt or 3 pt. basket was made he receives 1 free throw. If the 2 pt shot was missed he receives 1 point and 1 free throw, and if a 3 pt basket is missed when a foul was called, the shooter receives 2 points and 1 free throw shot attempt.** All free throws are dead balls, but clock continues to run unless in the last 2 mins of second half. per rule.

Technical fouls/Intentional fouls: A technical foul results in 2 free throws and possession to the free throw shooting team. Two technical fouls on a player in the same game results in disqualification for the remainder of the game and will be reviewed by the YMCA Director before player can return. A two game minimum suspension will be enforced. Flagrant Fouls are automatic ejection and will also be reviewed before player returns.

Reminder: **Profanity, swearing or "trash talking" will be an unsportsmanlike-technical foul up to the discretion of the referee.** Second offense will be suspension from the game. Players suspended during a game will automatically be suspended from the next game also.